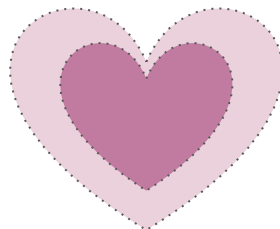


# Pirate Chatter

COMING UP  
NEXT!



NSD School Board  
Meeting  
2-14-22 @ 6:15 p.m.

No School, Next  
Monday - February 21

## Happy Valentine's Day!

A Special Thank You to Ms. Kris, Eileen, Ms. Christy, Ms. Rodwell and our 6th grade parents for spending their Saturday decorating Valentine Cookies!





# Welcome to the School Counselor's Corner



**CHARACTER TRAIT WORD FOR FEBRUARY: INSPIRATIONAL**

## Inspirational

Influencing others to meet their full potential.  
GIVE A COMPLIMENT!

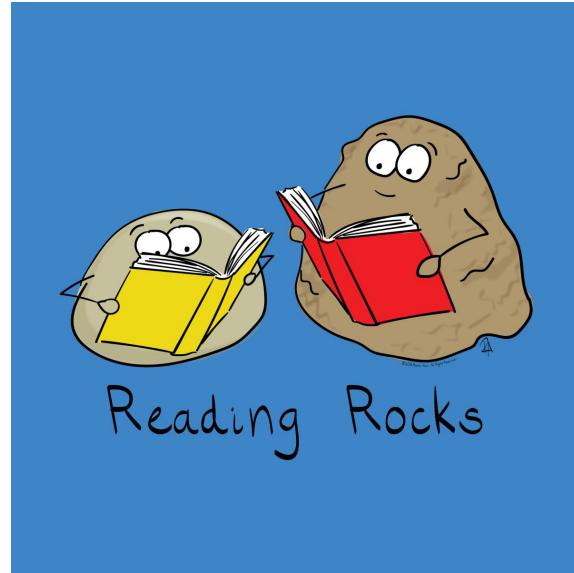
Mary Ihli-Laan, Counselor 208-459-7442 [ihlilaam@notusschools.org](mailto:ihlilaam@notusschools.org)

Cara Marchbanks, Community Schools Resource Coordinator [marchbankscara@notusschools.org](mailto:marchbankscara@notusschools.org)

Karla Bales, LAUNCH Resiliency Advocate 208-739-2530 [balesk@wicap.org](mailto:balesk@wicap.org)



→ School starts at 7:50 a.m. - **Please do not drop off students before 7:30 a.m.**









Remember...

**Reading Logs are Due on Mondays!** We will be doing a monthly reading log challenge!

Don't forget to sign up for Parent Teacher Conferences. We strive for 100% participation rate!

**Parent Teacher Conferences:** Wednesday, February 23 & Thursday, February 24

# February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
7 Totchos Tater Tots, Taco Meat, Cheese Totchos Toppings Peaches Cinnamon Buns Milk	8 Whole Wheat Pancakes Potato Coins Egg Patties Sliced Strawberries Milk 	9 Pizza Salad w/Toppings Ranch Dressing Fruit Milk	10 Chicken Fried Steak Mashed Potatoes/Gravy Steamed Carrots Apple Slices Whole Grain Roll Milk 	<b>Valentine's Day Facts</b>  Chocolate is the most popular Valentine's Day Gift.  Teachers receive the most Valentine's Day cards.  It is estimated that a total of 18.2 billion dollars will be spent on gifts and dates for Valentine's Day.  The oldest known Valentine's Day card is on display at the British Museum in London, It dates back to the 1400s.  Interesting Valentine's Day Fact: Alexander Graham Bell applied for a patent on the telephone on Valentine's Day in 1876.
14 Whole Grain Corn Dog Potato Wedges Fresh Veggies Fruit Valentine Cookie Milk	15 Chicken Noodle Soup Ham and Cheese Sandwich Fresh Veggies Jell-O w/Fruit Cracker Milk 	15 Idaho Haystacks Fresh Baby Carrots Sliced Pears Whole Grain Bread Fruit Milk	17 Chicken Nuggets Mashed Potatoes w/Gravy Steamed Broccoli Whole Grain Roll Peaches Milk 	
21 	22 Little Smokies Mac and Cheese Choice of Veggies Mixed Fruit Milk	23 Chicken Burrito Refried Beans Fresh Veggies Tortilla Chips Fruit Milk 	24 Hot Dog Wrap Potato Wedges Orange Slices Graham Crackers Milk	

## What is the Fresh Fruit Vegetable Program?

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted program providing free fresh fruits and vegetables to children at eligible elementary schools during the school day. The goal of the FFVP is to introduce children to fresh fruits and vegetables, to include new and different varieties, and to increase overall acceptance and consumption of fresh, unprocessed produce among children. The FFVP also encourages healthier school environments by promoting nutrition education. This year our Notus Students K-6 have been able to try Berries, Blood Oranges, Tangerines, Dragon Fruit, Kiwi, Asian Pears, a variety of local Apples and their favorites: Bananas, Strawberries and Grapes.

Because of the availability of some food items the menu may change without notice.

“This Institution an equal opportunity provider”



# PIRATE PARTNERSHIPS



In the  
Spotlight



Please remember we have resources to support our Pirates! Don't hesitate to reach out to us!

Mary Ihli-Laan,

[ihlilaam@notusschools.org](mailto:ihlilaam@notusschools.org)

Secondary Counselor:

Nate Holm,

[holmn@notusschools.org](mailto:holmn@notusschools.org)



Mind Full, or Mindful?

Source - mallorybecker.com

